

-Dr. Charles von Gunten, MD, Ph.D. Editor-in-Chief Journal of Palliative Medicine

"Margaret Fitzpatrick is the Sherpa we all need as we climb the Mount Everest of American Health Care."

-Stephen Burrows, Writer/Director of the HBO Documentary Bleed Out

Margaret brings her unique perspective and dynamic presentations to Human Resource professionals, Business and Civic Groups, Caregivers, Assisted Living and Continuing Care Centers, Churches and any group interested in improving healthcare options.

MARGARET FITZPATRICK, MS, RN, CRNA, has invested over 20 years in critical care nursing. She has spent her career as a nurse anesthetist in community hospitals serving inner-city populations in and around Chicago.

Margaret has appeared on the Today Show, CNN and local affiliates.

One of 16 siblings, Margaret combines her professional expertise with her personal experience caring for family and friends. She understands the emotional and physical toll on those who are caring for aging loved ones. Margaret is dedicated to empowering patients and their family members to know that the best medical care is based on individualized goals set by the patient.

Margaret's current book, **Getting the Best Care**, **Rescue Your Loved One from the Healthcare Conveyor Belt** is available on Amazon and at GettingTheBestCare. com.





Keynotes, Seminars & Workshop Topics

- ► The Hospital may be the Most Dangerous place for an aging loved one.
- Common Medical Tests and Procedures that Offer No Benefits and May Cause Harm, An Insider's View.
- ► Less is More When Navigating the Stormy Waters of Dementia.
- ► Understanding Advanced Directives and Powers of Attorney.
- ➤ Staff Strategies for Assisted Living, Skilled Nursing and Home Care: Helping Your Patients and Families to Avoid the Healthcare Conveyor Belt.

CONTACT INFORMATION
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Private Client Consultations
Whether you are facing a healthcare crisis with
someone you love or you are navigating the daily
challenges of caring for a loved one, Margaret can
help with customized plans based on your needs.